

# Feeding Thousands One Box At A Time

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THE CITADEL

KRAUSE CENTER FOR  
LEADERSHIP AND ETHICS

## Being Committed To Serve

The look that we received when we told Andrew (the head of volunteering) that we were committed to coming every Tuesday for the next 13 weeks is something that we will never forget. After our first time there we realized that we were doing so much more than just serving the community; we were keeping some people from starving. That was enough for us to be sure that we made it back every week. If you are ever looking for a place to do community service and you don't know where to go, the Lowcountry food bank is a great place. You can't be afraid to work though. There are great people who work at the food bank and you will meet new people every week you go. At the end of the night when you leave you will know that you are keeping hundreds of people fed just in the couple of hours that you volunteered.



Feed. Advocate. Empower.

## What is a Foodbank?

The Lowcountry Food Bank is a non-profit organization that relies on volunteer work. They serve the entire coast of South Carolina and provide food for all groups of people and all types of needs. They rely solely on donations given by the surrounding community such as individuals and even companies as large as Boeing. The food bank that we worked at only has times to volunteer twice a week. This means that in those two days all the work needs to be done. As far as packing all the boxes that get shipped, well that's up to the volunteers.

## Their Mission

Lead the fight against hunger throughout the 10 coastal counties of South Carolina.

## Our Time Serving

Together we served 58 hours over the 13 weeks of service. We got to work with some amazing staff at the Food Bank and also with a great group of volunteers every week. After a couple of weeks of serving, the head of volunteering knew what we were capable of and our commitment. We were put in charge of the task every week and Andrew was just able to go off and work somewhere else in the warehouse. One experience that made me realize that it was in the right place was when the secretary at the front desk found a man a home. That isn't her job but she went out of the way to do this. She called a couple of shelters that could get the man some clothes and a place to sleep. This shows that the secretary is a good leader because she went out of her way and was a humble person.

